

Facial Treatment Preparation

Before Your Appointment

- Avoid retinol, exfoliants, and active skincare products for 3–5 days before your treatment.
 - Avoid waxing, threading, laser treatments, or chemical peels on the treatment area for at least 1 week prior.
 - Arrive with clean skin free of makeup when possible.
 - Inform your esthetician of any new medications, allergies, skin conditions, or recent cosmetic procedures.
 - Avoid excessive sun exposure and tanning for 48 hours before your appointment.
 - Stay hydrated and eat a light meal before your treatment.
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Thank you for choosing Serene Skin and Wellness Studio. We look forward to helping you achieve your healthiest skin. ✨

